



January 2019 EDITION

Information - Cooperation - Motivation

December Recap Fire Prevention & Fire Extinguisher Use

Home Fire Safety

Cold weather: Proper use of space heaters and fireplaces/wood burning stoves include never leaving them unattended and never sleeping with them on. Furnaces, as well as fireplaces/wood burning stoves, should be maintained annually. Cooking appliances are not meant to heat houses. Turkey fryers are not meant to be used in a garage.

Holidays: Christmas trees need to be kept watered and not placed near a fireplace or furnace vent. You will not be able to put out a fire if your tree catches fire. The room will be fully engulfed in 30 seconds.

Candles: Never sleep with one lit or leave unattended. Also, pets can easily knock over a lit candle and start a fire.

Smoke Detectors: You should test monthly and replace the batteries bi-annually.

Home Fire Escape Plan

- Make sure you have two ways out of your home. Also make sure that your windows open & that your children know how to escape through them. Have your children practice this during your family fire drills.
- Conduct regular fire drills. Practice and time them so your family knows what to do and where to go quickly.
- Consider installing talking smoke alarms because they work better with children.
- Once you are out of your burning house, stay out. Never go back in for missing family members, pets, or keepsakes.
- Choose a safe meeting place in front of your house. This serves multiple purposes such as alerting firefighters to the correct house, helping firefighters determine if everyone is out of the house, and if not, where the bedrooms are located.

Fire Extinguishers

- P** pull the pin
- A** aim the nozzle
- S** squeeze the handle
- S** sweep slowly at base of fire

Once you pull the handle, use the entire canister. You cannot save what is left and use it again later. If the fire is still not out after the canister is gone . . . GET OUT and let the professionals extinguish the fire. If you walk in to a room and start coughing then the smoke is toxic . . . GET OUT and let the professionals extinguish the fire. And finally, never let a fire get behind you which is why you should put your extinguishers near a door. If you cannot extinguish the fire . . . GET OUT and let the professionals extinguish the fire.

January 9 Lunch and Learn

11:15 a.m.- 940 London Ave

Speaker: Kristin Cadieux, FBI Special Agent

Our Lunch Sponsor: Scotts Miracle-Gro



Your Union County Safety Council Officers, October 2018 - September 2019

- President—Brian Dostanko (Human Resources Director, City of Marysville) (937-645-7366)
- Vice-President—Robert “Cricket” McClintock (Union Rural Electric) (937-537-0400)
- Secretary—Rachel Gwilliams (Honda Trading America Corp) (937-644-8033)
- Safety Manager—Angie Venable (Union County Chamber of Commerce) (937-642-6279)





Remember . . .

Semi Annual Reports Are Due!!

Semi-annual reports are due to the Chamber by end of business day January 15. Please email them to bdostanko@marysvilleohio.org and twoodruff@unioncounty.org.

Union County Safety Council
Co-sponsored by BWC's Division of Safety and Hygiene

Semi-Annual Report
For period July 1 – December 31, 2018
Due by January 15, 2019

Company Name:	Phone # and Fax # if Used:	
Address:	City / State / Zip:	
Submitted By:	Date Submitted:	
Email:		

Please check here if information provided above has been updated on this report.

1. **Date of MOST RECENT Injury or Illness Resulting in Day (or Days) Away from work:**
(Please indicate the most recent date: regardless of how long ago or even if outside of this report period. If you have an event within this report time period, you MUST include/reflect that event in the applicable items 4-5-6 on this report below)

Month:	Day:	Year:
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Please Report All Information Below For **CURRENT SIX MONTH PERIOD ONLY** (July 1 – December 31, 2018)

2. **Average Number of Employees:**

3. **Total Hours Worked** (*entire six month period, all employees*):

Items 4, 5 and 6 are based on the Recordkeeping Requirements under the Occupational Safety & Health Act of 1970 (rev. 1/1/02). The columns listed below correspond to the columns in the OSHA 300/300P Log.

4. **Number of Deaths** (column G in OSHA 300 Log/or 300P):

5. **Number of Occupational Injuries and/or Illnesses** resulting in days away from work (column H in the OSHA 300 Log/or 300P):

6. **Number of Days Away from Work** as a result of occupational injuries and/or illnesses (column K in the OSHA 300 Log/or 300P):

Note: If you report a death, injury or illness resulting in days away from work in the current



Injured Workers Stay Informed (www.bwc.ohio.gov)

Staying informed about your claim just got easier! BWC is now offering a new service that will alert injured workers when changes happen to their claim. To start, BWC will tell the injured worker when a compensation payment has been released. Later, they will add more options so the injured worker can receive alerts when other updates occur on their claim.

Any injured worker that is interested in signing up for this service will need to sign in to [bwc.ohio.gov](http://www.bwc.ohio.gov). Then, at the bottom of the My Claim page, click Electronic notifications.

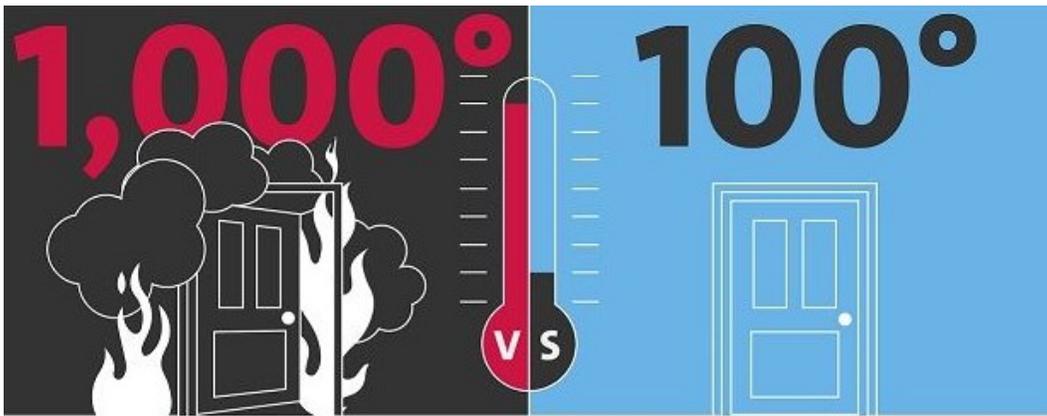
Is it a cold or flu?



Signs and Symptoms	Influenza	Cold
Symptom onset	Abrupt	Gradual
Fever	Usual	Rare
Aches	Usual	Slight
Chills	Fairly common	Uncommon
Fatigue, weakness	Usual	Sometimes
Sneezing	Sometimes	Common
Stuffy nose	Sometimes	Common
Sore throat	Sometimes	Common
Chest discomfort, cough	Common	Mild to moderate
Headache	Common	Rare

Preventing The Flu (www.cdc.gov)

- Try to avoid close contact with sick people.
- While sick, limit contact with others as much as possible to keep from infecting them.
- Stay home for at least 24 hours after your fever is gone (without the use of fever-reducing medicine).
- Cover your nose and mouth with a tissue when you cough or sneeze. Flu and other serious respiratory illnesses like whooping cough are spread by cough, sneezing, or unclean hands.
- After using a tissue, throw it in the trash and wash your hands.
- Wash your hands often with soap and water (Sing the Happy Birthday song twice).
- Avoid touching your eyes, nose, and mouth. Germs spread this way.
- Routinely clean and disinfect frequently touched surfaces and objects including doorknobs, keyboards, and phones.
- Make sure your workplace has an adequate supply of tissues, soap, paper towels, alcohol-based hand gel, and disposable wipes
- If you begin to feel sick while at work, go home as soon as possible.
- Train others on how to do your job so they can cover for you in case you or a family member gets sick and you have to stay home.
- Get plenty of sleep, be physically active, manage your stress, drink plenty of fluids, and eat nutritious food.



Closing the bedroom door when going to bed can be a life-saving difference. As a barrier to smoke, heat, and fast-moving flames, a closed door can add minutes for escaping a house fire.

CLISE
BEFORE YOU DOZE

MAKE A 900 DEGREE DIFFERENCE

During a fire, a closed door can mean the difference between **1,000 degrees** and **100 degrees**.



Fire is Getting Faster

Because of synthetic materials, furniture and construction, fire spreads faster than ever before.*

*NIST Technical Note 1455-1, February 2008 (PDF)

17 MINUTES About how much time you had to escape a fire 40 years ago.

3 MINUTES About how much time you have now.

EXPLORE FACTS

The Close Before You Doze fire safety campaign is a public education initiative aimed at teaching people an important practice to contain a house fire and enhance safety.





WINTER WORD SEARCH



E	T	C	G	B	W	T	B	X	E	S	S	Y	H	I
T	N	A	H	Q	L	W	I	K	Q	E	N	T	O	J
A	Y	E	H	I	I	I	A	U	V	F	O	S	L	T
L	W	C	Z	N	L	L	Z	O	S	W	W	O	I	S
O	I	W	T	O	F	L	L	Z	I	W	G	R	D	E
C	I	E	M	W	R	G	Y	P	A	H	O	F	A	W
O	R	D	O	W	T	F	W	I	B	R	F	N	Y	O
H	S	N	E	E	R	T	E	N	I	P	D	J	S	S
C	S	C	T	M	I	T	T	E	N	S	Y	A	N	N
T	E	P	A	E	L	C	I	C	I	F	K	O	A	G
O	J	E	K	R	H	B	O	O	T	S	W	M	C	I
H	Y	U	S	E	F	D	N	I	W	B	W	O	V	V
F	I	R	E	P	L	A	C	E	A	O	L	E	E	I
A	V	U	C	R	U	G	U	L	N	D	D	C	E	N
C	P	Y	I	J	U	U	L	S	U	Q	S	I	Y	G



WORDS TO FIND:



BLIZZARD
COLD
FROZEN
HAT
ICE
MITTENS
SNOW
SNOWMAN
WINTER



BOOTS
FIREPLACE
GIVING
HOLIDAYS
ICESKATE
PINETREE
SNOWBALL
SNOWSUIT

CHILLY
FROSTY
GLOVES
HOTCHOCOLATE
ICICLE
SCARF
SNOWFLAKE
WIND

