



# October 2017 EDITION

*Information - Cooperation - Motivation*

## September Recap *CEO Event: Building Better Teams*

You can build a better business by building a better team. To do this, you need to implement the following flow: Emotional Intelligence that will lead to Honest, Respectful Communication that will lead to Trust that will lead to your Team Executing Common Goals (quality, safety, customer service, employee relations, etc.).

Emotions will hijack logical thinking every time. So, it is important to slow down and think before responding. Emotional Intelligence (EI) is defined as the capacity to be aware of, control, and express one's emotions and to handle interpersonal relationships judiciously and empathetically. Studies have shown that people with high EI have greater mental health, job performance, and leadership skills.

Honest, Respectful Communication results from the ability to implement EPR (Empathetic Listening, Parroting, Reward). Empathetic listening is the ability to listen attentively and see the other person's perspective, even if it is a position with which you disagree. Once you have heard the other person's perspective, parrot that back. This will ensure a common understanding. You might start with "I want to make sure I understand this". Finally, reward the other person by showing validation of their perspective. You might start with "I understand why you did that" or "I can see both points of view here, but I think I need to voice my opinion as well".

Trust is built through conflict. By employing EPR, you will show your desire to bring conflicts to mutually acceptable resolutions. Through time, this will build trust. Once trust has been built it will allow for a safe environment for employees to open up, take appropriate risks, and expose their vulnerabilities. But be careful. Trust can be destroyed in an instant. And may not be able to be built again.

Successful teamwork is then built on that foundation of trust. If each member can establish trust and maintain that trust, then they will achieve truly meaningful goals.



**October 11 Lunch and Learn**

**11:15 a.m. – 940 London Ave**

**Speaker: Lt. Johnie Myers, MFD**

**Our Lunch Sponsor: Patterson Pools**



### **Your Union County Safety Council Officers, October 2017 - September 2018**

- President—Brian Dostanko (Human Resources Director, City of Marysville) (937-645-7366)
- Vice-President—Robert "Cricket" McClintock (Union Rural Electric) (937-537-0400)
- Secretary—Rachel Gwilliams (Honda Trading America Corp) (937-644-8033)
- Safety Manager—Angie Venable (Union County Chamber of Commerce) (937-642-6279)



# Did You Know . . .



The BWC budget bill (Substitute House Bill 27) signed into law by Ohio Governor John Kasich on June 30 includes a decrease in the statutory timeframe to file a claim for injury or death from two years to one year. The effective date for the changes was September 29. The claims process remains the same. You can file your claim electronically or through you managed care organization.



On September 26, at the National Safety Council's annual Congress & Expo, OSHA Deputy Director of Enforcement Programs Patrick Kapust announced the preliminary list of 10 standards most frequently cited by the agency's inspectors during Fiscal year 2017. Fall Protection was the most-cited standard for the seventh year in a row, followed by Hazard Communication, and Scaffolding. The only new addition to last year's list was Fall Protection—Training Requirements, which came in at ninth place. OSHA publicizes the Top 10 list to increase awareness of these standards so employers can take steps to find and fix the hazards to prevent injury or illness.

1. Fall Protection – General Requirements (1926.501): 6,072 violations
2. Hazard Communication (1910.1200): 4,176
3. Scaffolding (1926.451): 3,288
4. Respiratory Protection (1910.134): 3,097
5. Lockout/Tagout (1910.147): 2,877
6. Ladders (1926.1053): 2,241
7. Powered Industrial Trucks (1910.178): 2,162
8. Machine Guarding (1910.212): 1,933
9. Fall Protection – Training Requirements: 1,523
10. Electrical – Wiring Methods (1910.305): 1,405



## OSIs The Message Of Fire Safety Falling On Deaf Ears?

([www.nsc.org](http://www.nsc.org))

Sometimes a fire-safety message can become “white noise” to employees. After it is repeated multiple times in the same way, they tend to tune it out. But research shows when employees are interested and engaged, they retain the information.

- Combine traditional classroom learning with hands-on training
- Make the training imitate real life by conducting R.A.C.E. training (Rescue, Alert, Confine, Extinguish)
- Set up scenarios in places employees face the greatest risk from fire (kitchen, shop floor, etc.)
- Add authenticity to your training by using a non-toxic smoke generator or a digital fire

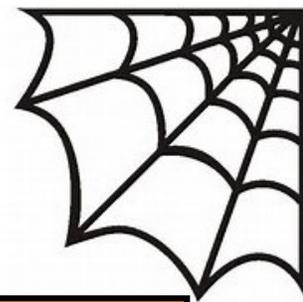


## Fire Safety Tips Every Employee Should Know

([www.nsc.org](http://www.nsc.org))

The second week in October, National Fire Prevention Week, offers a good reminder that no industry is immune to fire. In a work setting, whether an office or highly-combustible industrial workplace like a factory, warehouse or manufacturing plant, housekeeping is crucial to fire prevention. Areas with hazardous materials, combustible dust, arc welders or flammable liquids require special attention. Following are some basic tips every employee should know:

- Keep combustible materials in the work area only in amounts needed for the job; store the rest in a safe area
- Store quick-burning materials in designated locations away from ignition sources
- Change clothes if they become contaminated with flammable liquids
- Keep passageways and fire doors free from obstructions
- Stairwell doors should be kept closed—Never store items in stairwells
- Keep materials at least 18 inches (24—36 is recommended) away from automatic sprinklers, fire extinguishers, and sprinkler controls
- Clearance of 3 feet is required between materials and the ceiling; if stock is piled more than 15 feet high, clearance should be doubled
- Do not overload circuits, turn off machines at the end of the day and report hazards in electrical areas immediately
- Make sure your fire prevention plan is in writing and available for employees to view, which is an OSHA requirement if an organization has more than 10 employees



## Bring Safety Home: National Fire Prevention Week ([www.nsc.org](http://www.nsc.org))

National Fire Prevention Week, October 8—14, focuses on evacuation with the theme:  
Every Second Counts: Plan 2 Ways Out!

The National Fire Protection Association estimates that a fire occurs every 24 seconds. Seven people die every day in home fires, but despite this threat, most families do not practice home fire drills. Home Fire Drill Day, a safety observance developed by Nationwide in partnership with NSC and other organizations, will be held at the end of Fire Prevention Week, on October 14, 2017. This is a great time to take advantage of tools and resources offered at [HomeFireDrillDay.com](http://HomeFireDrillDay.com) including:

- Step-by-step instructions for doing a home fire drill
- Games to make the experience memorable for kids
- Worksheet to help you draw a floor plan of your home
- Video of a fire drill in action
- Family pledge to practice a home fire drill twice a year
- Downloadable fire safety resources to share with friends and family
- Link to download the free Make Safe Happen mobile app that puts home fire drill instructions, including a drill timer, in the palm of your hand

### Top Causes of Home Fires

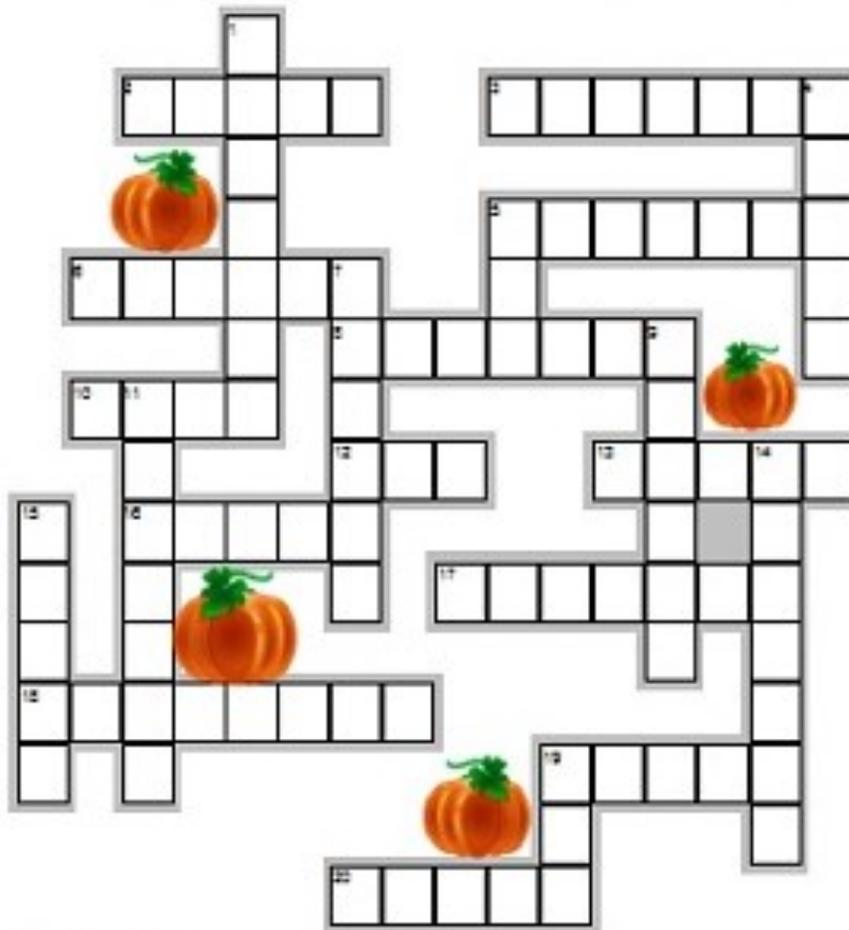
The NFPA reports that the top causes of home fires are cooking, smoking, heating equipment, arson, and electrical problems. The America Red Cross reports children under the age of 5 are twice as likely to die in a home fire than anyone else. Here are a few tips to keep your family safe:

- About 300 people a year are killed and \$280 million in property damage is caused by children playing with fire; keep matches, lighters, and other fire-starters out of reach of children
- Working smoke alarms cut the chances of dying in a house fire in half, so make sure your smoke alarms have fresh batteries
- Practice two ways out of every room in the house
- Learn how to use your fire extinguisher
- Leave your house and call for help; do not go back inside to help someone else
- Plan (and practice) an escape route and agree on a meeting place outside of your home; be prepared to assist young children, family members with special needs and pets
- If you clothes catch on fire, stop, drop, and roll
- If door handles are hot, pick an alternate route



## Halloween Crossword Fill-In

Place each of the words below into the puzzle. Use the number of letters in each word to help you figure out where it belongs. This is a bit tricky, so use a pencil!



ScapesCrossword.com

### 3-letter words

BAT  
CAT  
OWL

### 4-letter word

MOON

### 5-letter words

BROOM  
GHOST  
NIGHT  
SCARY  
TREAT  
TRICK  
WITCH

### 6-letter words

SPIDER  
SPOOKY  
SWEETS

### 7-letter words

CARVING  
COBWEBS  
COSTUME  
LANTERN  
OCTOBER  
PARTIES  
PUMPKIN

### 8-letter words

SKELETON

